...Redefining Womens Healthcare
About Indigo Womens Center

Indigo Womens Center is proudly the only hospital in Tamil Nadu which is both NABH Accredited and ISO certified. Established in 2016, we have dedicated ourselves on improving women’s health throughout India.

Our “patients first” strategy prioritises quality healthcare above everything else. We are now considered the best destination for fertility treatment across Tamil Nadu.

Our core services include Fertility medicine, Laparoscopic Services, Maternity, Weight Loss Programs, Cosmetic Gynecology and Diagnostics. We are driven by patient satisfaction which is the single most important reason for our rapid growth.

There are recent concerns regarding healthcare delivery due to the vast amounts of misinformation available online and in the media. We believe each patient is her own best advocate, we urge you to get a second opinion wherever possible. Feel free to Contact Us via mail or phone. Our specialists will get back to you regarding the treatment options available.

Our goal is to educate patients by providing evidence based information and giving them the best treatment available. We have placed quality markers at every level so that your healthcare is delivered seamlessly and of the highest quality. We aim to be an experience rather than "just another hospital".
Dr. Sarat Battina
REPRODUCTIVE MEDICINE SPECIALIST

Dr. Sarat Battina has over 35 years’ experience dedicated in treating couples with infertility. Having done his graduation and masters from Karnool Medical College, he immediately underwent training in Reproductive Medicine at National University, Singapore and at King’s College, London.

Thanks to his dedication he is one of the pioneers in fertility treatment in India. He has delivered the first GIFT baby in 1989, delivered the first IVF twins in South India in 1991 and pioneered the first IVF baby born from a frozen semen sample in India. He was the head of Reproductive Medicine program in Apollo Hospitals from 1988 to 2015.

Dr. Surakshith Battina
ENDOSCOPIC SURGEON, COSMETIC GYNECOLOGIST.

Dr. Surakshith Battina has trained over 200 doctors in ergonomics and suturing techniques in Laparoscopic Surgery. Having completed his graduation from Sri Ramachandra University he then completed his FICR - F Fellowship from NIH, Maryland U.S.A. With a keen interest in Laparoscopic Surgery, he had completed two fellowship programs one in Kiel, Germany and the other in Gurgaon, Delhi. He has also completed two more fellowships in Cosmetic Gynecology.

He performed over 10,000 advanced gynaec procedures and runs a fellowship program at Indigo Womens Center to train gynaecologists in advanced techniques of laparoscopic surgery. He also freelances at other hospitals to deliver the benefits of his laparoscopic expertise to other hospitals across India.

Dr. Srilatha Kankanala
RADIOLOGIST

Dr. Srilatha is the medical director at Indigo Womens Center. She graduated from Mahatma Gandhi Medical College, Pondicherry. She is highly experienced in women imaging with updates in 3D, 4D, colour doppler and song-mammography.

She has written and published several papers in Neuro-radiology and Mammography. She is a professional member of IRIA and BISICON. Thanks to her dedication, our patients are benefited with consistent, accurate and speedy reporting every time.
Why choose Us?

- Highly specialised consultants dedicated for women’s healthcare
- Only women’s hospital which is NABH and ISO certified
- State of the art infrastructure on par with international standards
- Highest pregnancy success rates in South India
- “Patient first” attitude trained to all our staff members
- Easily accessible by all public transport
Our Services

- Reproductive Medicine
- Laparoscopic Surgery
- Maternity
- Weight Loss
- Cosmetic Gynecology
- Diagnostics

We Believe in Standardization
Reproductive Medicine is a specialised branch of gynaecology dealing with issues of male and female fertility. Finding out that you might have fertility issues may raise a lot of questions. At Indigo Women's Center we will provide you with all the right answers and guide you through your journey towards parenthood. We see patients at various levels of infertility, rest assured, we are familiar with the condition in all its forms.

Why are our success rates better?
- Over 35 years’ experience in treating couples with infertility
- Individualised treatment protocol
- Class 10,000 air quality embryology labs
- Healthy inter-department coordination for patient information

Services:
Intrauterine Insemination (IUI) | Invitro Fertilization (IVF) | Intra Cytoplasmic Sperm Injection (ICSI) | Intra Cytoplasmic Morphologically Selected Sperm Injection (IMSI) | Pre Implantation Genetic Diagnosis (PGD/PGS/FISH) | Donor Programs (Oocyte/Sperm) | Surrogacy
We specialize in performing scar “less” and painless” keyhole surgeries.

Laparoscopic Surgery

At Indigo Womens Center we deliver the highest quality treatment supported by our superior operation theatre equipment. Our staff members are specifically trained for assisting gynaecological procedures, which enhances our time efficiency. Our specialists are fellowship trained and board certified in advanced gynaecological surgery and have undergone several years of training in their field.

Surgeons become masters at surgery by performing a large number of cases and our specialists get that volume. Our doctors are trained to deal with all complications laparoscopically.

As highly advanced medical physicians, the team have developed new and innovative techniques to simplify even the most complicated surgeries and reducing risks associated with it. We have developed revolutionary techniques to reduce blood loss in all our procedures. Our mission is to provide cosmetically concealable, scar” less” surgical options to all our patients.

Why Choose Indigo Womens Center for your procedure?
- Board certified surgeons
- State of the art surgeon centric Operation Theatres
- Early recovery and return to work
- Cosmetically superior surgical outcome
- Low infection and hernia rates

Procedures performed:
- Laparoscopic Myomectomy | Total Laparoscopic Hysterectomy | Ovarian Cystectomy | Fertility Enhancing
- Laparoscopic procedures | Burch Colposuspension | Trans Urethral Tapes (TVT/TOT) | Prolapse Repair | Hysteroscopic procedures
At Indigo Womens Center we bridge all the gaps and keep you informed on the do’s and don’ts of pregnancy. We will schedule and draw out a chart, explaining what to expect during all the milestones of pregnancy. All our antenatal and postnatal treatment protocols are based on UK RCOG guidelines. We conduct antenatal classes every week to educate mothers-to-be on exercise, breathing techniques and diet to help you have a natural birthing process.

We believe that the birth of your baby is a wonderful, life-changing experience. At Indigo Womens Center we go to great lengths to make sure you are comfortable throughout your journey to motherhood. During pregnancy, our experienced consultants will be auditing the diet and medication you require to help you have a smooth pregnancy.

Our imported birthing beds are extremely comfortable and versatile. Our anaesthetists are available round the clock to provide you with epidural analgesia to reduce labor pain at any point during your labor. Our luxury suite rooms are themed and ideal for your joyous occasion. Our rooms are designed in such a way that you feel at home away from home. Our nursing staff is well trained in taking care of your needs when you are at the hospital. We provide all our patients with one to one nursing care. Our lactation consultant will council you on the proper method of breastfeeding and holding the baby.
When considering weight loss treatments, it’s important to assess your options using two critical factors: safety, and effectiveness. At Indigo Womens Center, our consultants are available round the clock to answer your queries pre-op and post-op and guide you in your journey through a healthier lifestyle.

Obesity is defined as an high levels of body fat in relation to lean body mass. It is commonly measured by Body Mass Index (BMI), which is the relationship of weight on height. An adult with a BMI of 27.5 or more is considered obese. Obesity becomes morbid when an adult is 40kgs or more over ideal body weight or has a BMI over 37.5.

How Does Sleeve Gastrectomy Cause Weight Loss?
Sleeve gastrectomy reduces the size of the stomach and limits the quantity of food that can be eaten at one time. After eating a small amount of food, you will feel full very quickly and continue to feel full for several hours. Sleeve gastrectomy may also cause a decrease in appetite.

What Are the Benefits of Laparoscopic Sleeve Gastrectomy?
Patients will lose between 40% to 70% of their body weight within a year.

Many obesity-related comorbidities like Diabetes, hypertension, obstructive sleep apnea and abnormal cholesterol levels are reduced or even cured in some cases.

“We are focussed on restoring the quality of life for our patients looking to live a healthier life”
Cosmetic Gynecology

“We make you look and feel good both on the inside and out”

At Indigo Womens Center we are focused on restoring the quality of life for all women. Our mission is to make you look, feel and function better and boost your self confidence. Aesthetic gynaecology helps women both in physical and functional aspects. We understand that it might be embarrassing to talk about sexual issues to physicians but not seeking medical help may deteriorate physical and mental health.

Who is cosmetic gynaecology for?

- Women uncomfortable with their lady parts, unsatisfied with the look, feel or function.
- Women suffering from urinary incontinence or pelvic organ prolapse
- Women who are unable to enjoy sex, unable to feel their partners.
- Women looking to enhance their sexual orgasms.

Why choose Indigo Womens Center for your cosmetic procedure?

- All specialists available under one roof
- World-Class ambience
- State-of-the art equipment
- Easily accessible by all public transport

Procedures performed:

Non-invasive ThermiVA | Vaginal Rejuvenation | Labioplasty | Hymenoplasty | G- Shot | G- Peels | Mommy Makeover - Tummy tuck | Breast lift | Liposuction
At Indigo Women's Center we provide a full range of sonology services with the latest LG Volison E8 Radiance ultrasound machine. We offer both conventional and 3D/4D ultrasound examinations. Our dedicated radiologist specializes in women imaging and she has a passion for excellence and strives to deliver the quality you deserve.

We differentiate ourselves by our excellent inter-department coordination. Our specialists discuss patient profiles on a day to day basis this way we can offer our patients with the highest level of skill.

**EARLY PREGNANCY SCANS:**
The role of early pregnancy scan is to confirm the pregnancy, location of gestation sac (intra uterine or ectopic gestation), and documenting the fetal cardiac activity. Early pregnancy scan assesses the gestational age more accurately compare to subsequent scans.

**NT /11-13 weeks scan:**
This is the first antenatal screening to rule out specific genetic conditions where the sonologist looks for fetal nasal bone formation and nuchal translucency. NT test is combined with maternal serum screening, and the obstetrician correlates the results. 11-13 weeks is the accurate time for NT scan.

**Anomaly scans:**
Also known as TIIFFA (target imaging for fetal anomalies). This scan focus is on fetal anatomy in detail from head to toe, including fetal heart and spine to detect the presence of any fetal anomalies. 18-22 weeks is the accurate time for anomaly scan.

**Growth scans:**
It is usually done between 28-32 weeks. The purpose is to check the fetal position, placental appearance, amniotic fluid level, fetal well-being and the baby’s growth compared with previous scans.

**3D/4D scan:**
This advanced technology gives an image of baby surface view and make you appreciate the facial features, spine, fingers and toes of your unborn baby in real time.
Get in touch

“We deeply value the importance of your time.”

Locate us:
Indigo Womens Center
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2nd Avenue, Anna Nagar
Chennai -600040

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How to reach us:
We are located on the main road and accessible by all public transport. We are a minute away from Anna Nagar Tower Metro.

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